



**March 2017
Albion High School
Lunch Menu 9-12**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Lunch
\$1.75**

USDA and this institution are equal opportunity providers and employers.

BREAKFAST AT SCHOOL

Come join your friends and eat breakfast at school!

If you qualify for free or reduced LUNCH, you also qualify for free or reduced BREAKFAST!!

1

Chicken Parm Sandwich
Yogurt Parfait/Granola
Chicken Caesar Salad

Golden Corn
Fresh Fruit or Applesauce

Chilled Milk Variety

2

Nachos Grande/Rice
Yogurt Parfait/Granola
Chicken Caesar Salad

Vegetarian Beans
Fresh Fruit or Pears

Chilled Milk Variety

3

Grilled Cheese Sandwich
Yogurt Parfait/Granola
Chicken Caesar Salad

Tomato Soup & Carrots
Fresh Fruit or Mixed Fruit

Chilled Milk Variety

6

Chicken Nuggets/Rice
Yogurt Parfait/Granola
BBQ Chicken Salad

Green Beans
Fresh Fruit or Peaches

Chilled Milk Variety

7

Texas BBQ Rib Sandwich
Yogurt Parfait/Granola
BBQ Chicken Salad

Oven Baked Fries
Fresh Fruit or
Fresh Pineapple

Chilled Milk Variety

8

Philly Cheesesteak
Hoagie
Yogurt Parfait/Granola
BBQ Chicken Salad

Vegetarian Beans
Fresh Fruit or Applesauce

Chilled Milk Variety

9

Chicken Fajita/Salsa
Yogurt Parfait/Granola
BBQ Chicken Salad

Steamed Sliced Carrots
Fresh Fruit or Pears

Chilled Milk Variety

10

French Bread Pizza
Yogurt Parfait/Granola
BBQ Chicken Salad

Steamed Broccoli
Fresh Fruit or Mixed Fruit

Chilled Milk Variety

13

Basket of Favorites
Yogurt Parfait/Granola
Chicken Caesar Salad

Green Beans
Fresh Fruit or Peaches

Chilled Milk Variety

14

Beefy Pasta w/ Garlic
Bread
Yogurt Parfait/Granola
Chicken Caesar Salad

Steamed Broccoli
Fresh Fruit or Pears

Chilled Milk Variety

15

Breakfast Basket
(Cinnamon Stix, French
Toast Stix)
Yogurt Parfait/Granola
Chicken Caesar Salad

Steamed Sliced Carrots
Fresh Fruit or Applesauce

Chilled Milk Variety

16

BBQ Pulled Turkey Sandw
Yogurt Parfait/Granola
Chicken Caesar Salad

Vegetarian Beans
Fresh Fruit or Pears

Chilled Milk Variety

17

Crispy Fish
Sandwich/Tartar Sauce
Yogurt Parfait/Granola
Chicken Caesar Salad

Golden Corn
Fresh Fruit or Mixed Fruit

Chilled Milk Variety

20

Rajun Cajun Burger
Yogurt Parfait /Granola
Buffalo Chicken Salad

Green Beans
Fresh Fruit or Peaches

Chilled Milk Variety

21

Turkey & Gravy/Stuffing
Yogurt Parfait/Granola
Buffalo Chicken Salad

Mashed Potatoes/Gravy
Fresh Fruit or Pears

Chilled Milk Variety

22

Grilled Cheese Sandwich
Yogurt Parfait/Granola
Buffalo Chicken Salad

Tomato Soup & Carrots
Fresh Fruit or Applesauce

Chilled Milk Variety

23

Taco in a Bag/Rice
Yogurt Parfait/Granola
Buffalo Chicken Salad

Vegetarian Beans
Fresh Fruit or Pears

Chilled Milk Variety

24

BBQ Chick'n Flatbread
Pizza
Yogurt Parfait/Granola
Tuna Salad on
Greens/Roll

Steamed Broccoli
Fresh Fruit or Mixed Fruit

Chilled Milk Variety

27

Bacon Cheeseburger
Yogurt Parfait/Granola
Chicken Caesar Salad

Golden Corn
Fresh Fruit or Peaches

Chilled Milk Variety

28

Buffalo Chicken Sub
Yogurt Parfait/Granola
Chicken Caesar Salad

Steamed Sliced Carrots
Fresh Fruit or Pineapple

Chilled Milk Variety

29

French Toast Sticks/Ham
& Syrup
Yogurt Parfait/Granola
Chicken Caesar Salad

Green Beans
Fresh Fruit or Applesauce

Chilled Milk Variety

30

Mac & Cheese
Yogurt Parfait/Granola
Chicken Caesar Salad

Vegetarian Beans-
Fresh Fruit or Pears

Chilled Milk Variety

31

Crispy Fish
Sandwich/Tartar Sauce
Yogurt Parfait/Granola
Chicken Caesar Salad

Steamed Broccoli
Fresh Fruit or Mixed Fruit

Chilled Milk Variety

Monday - Hamburgers, Cheeseburgers
Tuesday - Soft Tacos, Hamburger/Cheeseburger
Wednesday - Ham, Turkey & Cheese Submarine Sandwich
Thursday - Soft Tacos, Special Wrap
Friday - Chicken Patty, Hamburger, Cheeseburger
Peanut Butter & Jelly Sandwich ... Daily
Whole Grain Roll Offered with Parfaits and Salads

Pizza Specials
Monday - Buffalo Pizza
Tuesday - Chicken Ranch Flatbread Pizza
Wednesday - Taco Pizza
Thursday - Cheese
Friday - Buffalo Pizza